



Marcus Rashford Food Vouchers

Lambeth Council has been awarded funding from Central Government to support families over February half term following Marcus Rashford's free school meals campaign. Families with children receiving free school meals will receive £20 vouchers which includes £15 allocation for food and £5 towards bills. For further information see:

New winter package to provide further support for children and families - GOV.UK (www.gov.uk)

Don't miss out on Healthy Start food vouchers worth over £900* per child. You can get Healthy Start vouchers if you are at least ten weeks pregnant or have a child under four years old. The scheme supports residents on a low income. Sign up online today: healthystart.nhs.uk/

Opportunity Lambeth Provider of a range of support services for unemployed Lambeth residents, and access to job opportunities through the Opportunity Lambeth jobs portal: **opportunity.lambeth.gov.uk**

Find emergency food, advice and other support: lambethlarder.org

Financial advice and support

Want support to stop smoking and save money? FREE support available through Lambeth Stop Smoking Service. Call 0800 856 3409 or 0203 049 3409, or email gst-tr.stopsmokinglambeth@nhs.net

Get support and advice over the phone or via email The MyCommunity Gateway service, powered by AgeUK Lambeth, can help you with social support, advice and connect you with local services that can help you with whatever challenge you are facing. You can ask for help for you or for someone you know. The service is for anyone who is over 18 and a resident of Lambeth.

Call MyCommunity Gateway helpline on 0333 360 3700, Monday to Friday, 9am-5pm. Email: mycommunity@ageuklambeth.org



Covid-19 Advice and Emergency Support Scheme

The current Covid-19 crisis has made life tough for everyone: in response we have allocated additional funding to our Emergency Support Scheme which can help you through these challenging times.

We can help with support for food and energy bills for Lambeth residents who are:

- experiencing financial hardship due to the impact of Covid-19, including where there are increased caring responsibilities or a financial impact due to self-isolation
- going through a crisis or an emergency
- being resettled into the community following a period in institutional or residential care or in need of support to prevent you entering institutional or residential care

The scheme supports residents on a low income who are claiming welfare benefits such as Universal Credit, Housing Benefit or Council Tax Support. You can apply to the Emergency Support Scheme through the **Lambeth Council website.**

